




asiaSpa 

SPECIAL EDITION SPAGUIDE

## Editor's Note:

It is with great pleasure that AsiaSpa presents this special edition spa guide in collaboration with UOB for its Private Banking clients.

As Asia's leading wellness, travel and spa magazine, we've had the opportunity to visit some of the very best spas around the region. From simple massages to elaborate rituals, time in the spa is always well spent, giving you a chance to re-energise and take some time off.

The 11 spas listed here have been chosen for their ability to create a true sanctuary for mind, body and soul, from quiet ambiance, to excellent service, to effective treatments. At each of these spas, you will have the opportunity to experience facials, body treatments and massages that truly showcase the wide range of cultures we have here in Asia.

Private Banking clients simply have to contact the Private Banking Concierge at 1 800 881 6888 (Singapore) or (65) 6881 6888 (Overseas) to make your spa bookings and redeem your complimentary spa treatments.

We hope you enjoy this unique pampering opportunity!

*Rebecca*

Rebecca Walker  
 Editor-in-Chief  
 rebeccaw@bluincmedia.com



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## DRAGONFLY RETREATS

DRAGONFLY is a new-age lifestyle brand and China's leading chain of contemporary urban retreats, offering high quality massage and nail spa services to busy expatriates, weary travellers, and sophisticated local customers.

Dragonfly offers both gentlemen and ladies a full range of professional manicure, pedicure and waxing services delivered with comfort and impeccable hygiene.

Each Dragonfly retreat is an oasis of peace and tranquility in the middle of a busy urban metropolis. They feature unique Asian décor, subtle lighting, tranquil music, wonderful fragrances and a romantic ambience second to none.

Come experience the Dragonfly difference with convenient locations throughout China including Shanghai, Beijing, Suzhou and Hangzhou. Other locations worldwide include Hong Kong and Dubai, UAE.



**Dragonfly — Forbidden City**  
60 Donghuamen Ave,  
Dongcheng District, Beijing  
Tel: +86106527 9368

**Dragonfly — Yansha**  
G/F Grand Summit Plaza,  
19 East Dongfang Road, Liangma Qiao,  
Chaoyang District, Beijing  
Tel: +86 10 8532 3122

[www.dragonfly.net.cn](http://www.dragonfly.net.cn)

**UOB Private Banking**

**ONE Complimentary Treatment**

- Aroma Oil Massage (60 minutes) in VIP Room



## ZETA VILLA

SINCE its founding in 2007, ZETA Group has taken its place among the world's leading high-end spas. The group offers elegant premises in Shanghai's busiest districts including Lu Wan, Chang Ning, Pudong and Jing An districts, and its flagship ZETA VILLA in XinTianDi.

For those looking for the ultimate spa treatment, ZETA provides a relaxing and rejuvenating spa experience focusing on the five senses of touch, taste, sight, sound and smell, all combined to create an overall sensation of relaxation. The spa's personalized and customized treatments are created with all-natural skincare products and administered by our team of highly-trained professionals.

Established with an aim to focus on soothing the stresses of the modern world's busy individuals, ZETA creates a relaxing venue where people can take a break and focus on nurturing themselves from the inside out.



**ZETA VILLA**  
丝·廷

**Zeta Clinic – Hong Kong**  
Unit 905B, Sino Plaza  
255-257 Gloucester  
Road,  
Causeway Bay,  
Hong Kong  
Tel: 852-23690007

[www.zeta-spa.com](http://www.zeta-spa.com)

**Zeta Villa – China**  
Block 1, No.9, Lane 181,  
Taicang Road, Luwan  
District, Shanghai  
Tel: 86 21-63202277

No.72, Shimenyi Road,  
Jingan District,  
Shanghai  
Tel: 86 21-33317197

No.1, Lane 599,  
Fangdian Road,  
Shanghai  
Tel: 86 21-58330186

G/F, House 4, City  
Condo,  
Lane 118, Ziyun Road,  
Changning District,  
Shanghai  
Tel: 86 21-62280125

**UOB Private Banking**

**ONE Complimentary Treatment**

- Luxurious Aromatic Massage (60 minutes)





## SHEILA BEAUTY & SPA

SHEILA Beauty & Spa is a hidden gem conveniently located in the heart of Central. The spa is specifically tailored to women looking for inner beauty and outer radiance and provides them with a cozy spa atmosphere and therapeutic experience with the utmost privacy.

A serene sanctuary designed with comfort and quality in mind, Sheila Beauty & Spa is over 3,000 square feet with an intimate relaxation area and five treatment rooms each with its own bathroom and shower area. All spa, treatments and services are conducted by highly-qualified, professional therapists and dietitians.

The spa features an extensive spa menu that ranges from traditional body and face treatments, to more technologically-advanced therapies such as the New Midas slimming treatment from Korea that helps reduce fatty tissues deep within the dermis. This brand-new effective slimming treatment takes only 20 minutes and is the highlight of the spa. When it comes to beauty products, the spa carries international, top-of-the line skincare from France and Switzerland.



SHEILA : BEAUTY & SPA

**Sheila Beauty & Spa**  
 8/F Wincome Centre, 39 Des Voeux Road, Central, Hong Kong  
 Tel: 3679 3370  
 Email: info@sheilasp.com  
 Monday - Friday: 10am – 8pm  
 Saturday & Public Holidays: 10am – 7pm  
 Sunday: Closed  
[www.sheilasp.com](http://www.sheilasp.com)

### UOB Private Banking

**ONE Complimentary Treatment (choose one of the following)**

- Aromatherapy Massage (55 minutes)
- Chinese Acupressure Massage (55 minutes)
- Soothing & Revitalizing Facial (75 minutes)



## FIVELEMENTS

NESTLED alongside the Ayung River, Fivelements, Puri Ahimsa, Bali is an eco-conscious healing retreat deeply rooted in the ancient traditions of Bali, making it a peaceful sanctuary to embrace authentic Balinese Healing, Living Foods and Sacred Arts.

### Fivelements integrative healing retreats combine:

- Balinese Healing rituals for purification, balancing & regeneration
- Living Foods nutrition for revitalization
- Sacred Arts for inner strength, alignment & dedication

At Fivelements, healing is inspired by the Balinese way of life, which encourages harmony with spirit, nature and one another. Its holistic integrative approach is designed to tune in on the physical, emotional and spiritual levels, allowing an organic healing process to naturally unfold.

Experience a Fivelements Signature Retreat through the mystic culture of Bali.

### Additional Benefit:

Enjoy a 15% discount on your stay when you book your accommodation to redeem your complimentary treatment.



**fivelements**

**Fivelements, Puri Ahimsa**  
 Br. Baturning, Mambal, Bali – Indonesia 80352  
 Tel: +62-361-469206  
 Email: [contact@fivelements.org](mailto:contact@fivelements.org)  
[www.fivelements.org](http://www.fivelements.org)

### UOB Private Banking

**ONE Complimentary Treatment (choose one of the following)**

- Invigorating Bodywork with Pak Made (90 minutes)
- Muscle Release with Pak Pangat (90 minutes)
- Traditional Baline Massage (90 minutes)





## SVANA SPA

SVANA, meaning Sound in ancient Sanskrit, is created to help people build their sense of “well-being through sound “. Located at the busy street of South Jakarta, SVANA present itself as an oasis that will take you on a sound journey in a different world where the whole environment is designed as the highest appreciation of nature.

Enter into a world of sound and nature where you will feel and listen to “the sound of your own well-being” through these five elements of nature.

The natural ambiance of SVANA’s waterfall, green plants, cold stones, warm wood and touch of sunlight will embrace your mind. Feel and listen to the collaboration of nature’s sound, to the sound of breath, heartbeat and body movement in a beautiful life orchestra. Natural therapy will equalize your imbalance body waves to create tranquility in minds and emotions, releasing tension in your body through the combination of Tibetan Singing Bowl and sound massage technique. Only when the mind is in a tranquil state, the body’s tension can be released and emotions repaired.

When you enter SVANA, you will enter into a journey of sound and leave with a smile feeling as though you have been on a week’s retreat in the rainforest.



**SVANA Spa**  
 Jalan Senopati no 52  
 Kebayoran Baru, Jakarta Selatan  
 Indonesia 12110  
 Tel: +62-21-7235870  
 Fax: +62-21-7235871  
 Email: reservation@svanaspa.com  
[www.svanaspa.com](http://www.svanaspa.com)

**UOB Private Banking**

**ONE Complimentary Treatment**  
 • Head over Toe (90 minutes)



## MESASTILA

IN a world where pollution, noise, crowds, unhealthy diets and stress are the norm, MesaStila offers an escape and a true sanctuary. MesaStila creates a distinctly Javanese experience, with healthy-healing gardens, traditional Pencak Silat martial arts, Java coffee scrubs, jungle gym, TRX, Javanese massage, healthy Javanese food and the services of skilled local healers.

MesaStila was created as a labour-of-love and incorporates a collection of antiques and fantastic buildings: a colonial-era railway station, the former residence of a Javanese prince and the plantation owner’s house from the early 1900’s. The property offers complete tranquility, natural beauty, cool mountain air and lush vegetation - with amazing views of the eight surrounding volcanoes.

The wellness programmes are influenced by the tradition of Javanese medicine, through traditional healers called Tabib, who deal with a variety of physical, emotional, and spiritual ailments. A local Jamu Master formulates special healing tonics for individual guest needs, while a fresh daily dose of regular Jamu is offered during breakfast.

The property still houses a functioning coffee plantation and charming non-commercial coffee production process, although the true magnificence of MesaStila is in its amazing Hammam Spa - offering treatments from Tui Na, to a relaxing Plantation Massage and Cooling Jade Facial. The most exquisite Hammam scrubs and warming massages have been created to meld in with the two enormous Hammams. Specially designed wellness retreat packages are offered – including Cleansing/Destress, Indulgence and Fitness, and Weight Management.



**MESASTILA**  
 MAGELANG, CENTRAL JAVA

**MESASTILA**  
 PO BOX 108 Magelang 56100  
 Central Java, Indonesia  
 Tel: +62 298 596333  
 Fax: +62 298 592696

Email: info@losaricoffeeplantation.com  
[www.losaricoffeeplantation.com](http://www.losaricoffeeplantation.com)  
[www.mesahotelsandresorts.com](http://www.mesahotelsandresorts.com)

Previously Losari Spa Retreat & Coffee Plantation

**UOB Private Banking**

**ONE Complimentary Treatment**  
 • Truly Turkish Hamman (75 minutes)





## CLARINS SKIN SPA

TREAT yourself to an unforgettable experience, a place where you can escape to at any time of the day. Immerse yourself in the most innovative and luxurious treatments where peace and relaxation are not just luxuries but a way of life. Clarins offers the very best treatments combining skincare expertise and unique manual techniques with the most effective plant extracts and aromatic oils with the promise of an ultimate and blissful sensory experience for the mind and body.

The uniqueness of Clarins treatment lies within the high-performance formulas and using only exclusive 100% manual methods and based on the three key philosophies: Science, Experience, Senses

SCIENCE: Clarins believes that they are the plant experts. Researchers select the most effective active ingredients to give women and men the very best from nature and science.

EXPERIENCE: Clarins professional Beauty Therapists use the supreme power of touch to tone, relax, firm, contour and rejuvenate your skin.

SENSES: Clarins has created an atmosphere, which awakens all the five senses, stimulating with experiences that are both indulgent and relaxing.

**UOB Private Banking**

**ONE Complimentary Treatment (choose one of the following)**

- The Lifting Line Smoother (60 minutes)
- The Moisture Replenisher (60 minutes)

# CLARINS

**Clarins Skin Spa Suria KLCC**  
 Lot 401C, Level 4, Suria KLCC,  
 Kuala Lumpur City Centre,  
 50088 Kuala Lumpur  
 Tel: 603- 23826800  
 Email: seymour.tan@clarins.com.my  
 Monday – Sunday :10am – 10pm  
[www.clarins.com](http://www.clarins.com)



## WILLOW STREAM SPA

SINGAPORE embodies the finest of both East and West and is the perfect home for Willow Stream Spa. Located in the heart of the city, the spa and hotel are minutes away from world-class shopping, exciting nightlife, the business and cultural districts and many beautiful sites and green spaces.

Willow Stream Spa has created experiences that reflect the needs of visitors and locals alike and epitomises the dedication to creating authentic and energising spa treatments. Treatments are steeped in tradition - like the Shirodhara-inspired Peace & Quiet or Willow Stream Elements based on European Spa Kur rituals. The spa also offers unique experiences based on lifestyle, High "Heals" for stiletto wearers or the passionate shopper Evening Soiree, the perfect spa date for couples or the Singapore Luxury Facial when you want it all. Other experiences are designed for pure pampering, stress relief, fabulous skin or those that give back to the earth like our Generosity Massage.



**UOB Private Banking**

**ONE Complimentary Treatment (choose one of the following)**

- Stress Relief Massage (60 minutes)
- Relaxation Massage (60 minutes)
- Travel Recovery Massage (60 minutes)

**Willow Stream Spa**  
 80 Bras Basah Road,  
 Singapore, 189560  
 Tel: +6431 5600

Email: [singapore@fairmont.com](mailto:singapore@fairmont.com)  
[www.willowstream.com/singapore](http://www.willowstream.com/singapore)





Bangkok



Chiang Mai



Phuket



Pattaya

## THE OASIS SPA

IN the privacy of your personal garden spa, relax, recharge, and find healing therapies in the city's centre or at any of Oasis Spa's destinations in Bangkok, Chiang Mai, Phuket, and Pattaya. Whether you choose an Ayurvedic treatment or the famed four-hand massage, highly-trained therapists will pamper you while coaxing your body into a state of serene tranquility, enhanced beauty, and vigorous health.

The Thai Lanna Spa Experience is a blend of time-honoured ancient treatments and innovative techniques in beauty and wellness. Luxurious spas designed with an elegant Thai atmosphere allow clients to enjoy superior service without unnecessary formality.

Enjoy the experience and find out for yourself why Oasis Spas received the coveted "Tourism Award of Excellence Day Spa" multiple times along with many other prestigious awards.



Thailand Tourism Award  
Excellence Day Spa  
2008, 2010



THE OASIS SPA  
THAILAND

### Spa Reservation

**Bangkok** +66 22 622 122  
**Chiang Mai** +66 53 920 111  
**Pattaya** +66 38 364 070  
**Phuket** +66 76 337 777

Open Daily  
10.00am-10.00pm  
[www.oasisspa.net](http://www.oasisspa.net)

**Oasis Spa Bangkok at Sukhumvit 31**  
64 Sukhumvit 31 Road,  
Bangkok

**Oasis Spa Bangkok at Sukhumvit 51**  
88 Sukhumvit 51 Road,  
Bangkok

**Oasis Spa Chiang Mai**  
102 Sirimuangklaajam Road,  
Chiang Mai

**Oasis Spa Lanna**  
4 Samlan Road, Prasing,  
Chiang Mai

**Oasis Spa Pattaya**  
322 Thappraya Road  
(Chateau Dale Estate) Pattaya

**Oasis Secret Garden Spa**  
47 Moo 1 Laguna Hotels Entrance,  
Phuket

**Oasis Royal Thai Spa**  
128 Moo 3 Kamala Beach Road,  
Phuket

**Oasis Sky Breeze Spa**  
26 Soi Plukjae, Kata Phuket



## KAMALAYA WELLNESS SANCTUARY & HOLISTIC SPA



KAMALAYA Koh Samui is a multi-award winning wellness sanctuary and holistic spa on the southern coastline of Koh Samui, Thailand. It offers customized wellness programmes and retreats, healing therapies from East and West, a beautiful natural environment and inspired healthy cuisine.

Kamalaya offers the following wellness programmes:

**Introduction to Detox** is ideal for people new to detoxification and cleansing. A great starting point for many health goals, this simple and effective program features healthy cuisine and holistic therapies.

**Relax & Renew** is designed for those who need to step back from busy lives and recover their balance in a gentle, relaxing wellness holiday. Therapies are drawn from diverse healing traditions to replenish depleted energy levels and boost immunity.

**Personal Yoga Synergy** includes private one-to-one sessions and complementary treatments. Suitable for beginners and experienced yogis alike.

For program inclusions please visit [www.kamalaya.com/wellness-retreats.htm](http://www.kamalaya.com/wellness-retreats.htm).

Whatever your health goals, Kamalaya staff will be happy to advise on any of the above packages to tailor a complete wellness experience and support you fully on your personal journey.

### Additional Benefit:

Kamalaya is delighted to offer COMPLIMENTARY BONUS NIGHTS for Private Banking clients. Stay three / pay two; valid in combination with any three-day wellness program, as listed above.

### UOB Private Banking

**ONE Complimentary Treatment (choose one of the following)**

- Personal Training Session (60 minutes)
- Meditation Session (60 minutes)
- Vital Essence Oil Massage (60 minutes)



**Kamalaya Wellness Sanctuary & Holistic Spa**

102/9 Moo 3, Laem Set Road, Na-Muang  
Koh Samui, Suratthani 84140 Thailand  
Tel: +66 (0) 77 429 800  
Fax: +66 (0) 77 429 899  
Email: [reservations@kamalaya.com](mailto:reservations@kamalaya.com)  
[www.kamalaya.com/wellness-retreats.htm](http://www.kamalaya.com/wellness-retreats.htm)





## VEDANĀ LAGOON RESORT & SPA

NESTLED along the shores of the largest lagoon in Southeast Asia, Vedana Lagoon resort and spa offers a peaceful sanctuary from the bustling metropolis of Saigon and Hanoi. 27 luxurious secluded villas are chiseled into the 27 hectare forest landscape for maximum privacy. The first over-water villas in the region have been designed by one of Vietnam's leading designers for enchanting views across a vast lagoon and feature on evocative water spa, chic art gallery, avant-garde bar, marble bathtubs, glass floors, jackfruit wood pillars and much more. Hidden between two cities known for their world heritage listed sites, Hue and Hoi An, you are invited to experience this wellness oasis. From yoga, Tai Chi, fishing and kayaking, to specialised wellness retreats designed exclusively for you, Vedana Lagoon offers an escape to paradise.

## PILGRIMAGE VILLAGE – BOUTIQUE RESORT & SPA

AWARD-winning family-owned boutique resort, Pilgrimage Village, surrounded by lush tranquil gardens, is ideally located just minutes away from Hue's famous historical landmarks. A labour of love, the inspired design highlights the Vietnamese way of life with stylish Zen-like spaciousness and sophisticated detailing. Art and craft stalls decorate a unique trade village with distinctive Vietnamese culture. Rediscover yourself in a harmonious atmosphere and enjoy the gracious and renowned hospitality. Experience inner peace by taking part in free yoga, meditation, and Tai Chi classes. Discover Hue's best kept secret.

### UOB Private Banking

#### ONE COMPLIMENTARY TREATMENT

- THE VIETNAMESE - BODY TREATMENT (60 MINUTES)



The Vedana Collection



**Vedana Lagoon**  
resort & spa

Zone 1, Phu Loc town, Hue, Vietnam  
+84 54 3 819 397  
info@vedanalagoon.com  
[www.vedanalagoon.com](http://www.vedanalagoon.com)



**Pilgrimage Village**  
boutique resort & spa

130 Minh Mang Road, Hue, Vietnam  
+84 54 3 885 461  
info@pilgrimagevillage.com  
[www.pilgrimagevillage.com](http://www.pilgrimagevillage.com)

## TERMS & CONDITIONS

- Each UOB Private Banking Client can:-
  - claim complimentary spa treatments, limited to two (2) complimentary spa treatments per participating spa outlet in the following cities such as Singapore, Kuala Lumpur, Shanghai, Beijing, Bali, Phuket, Bangkok, Jakarta, and Vietnam as featured in the AsiaSpa Special Edition Spa Guide.
  - book additional spa treatment(s) at participating spa outlets which will be charged on the UOB Private Banking Client's account and the payments shall be made by the UOB Private Banking Client directly to spa outlet(s) using a credit card or cash upon check-out.
- Bookings for each spa treatment are to be made through Private Banking Concierge at 1800 881 6888. All bookings will be subject to availability and is processed on first-come, first-served basis. The UOB Private Banking client is required to furnish the preferred date and time of the spa treatment and credit card details when making his/her booking.
- The UOB Private Banking Client is permitted to re-schedule any bookings which has been confirmed subject to availability of the spa treatment on the reschedule date and time and provided always that such re-scheduling is done at least seven (7) working days prior to the relevant booked date.
- If any of the spa treatments are cancelled by the UOB Private Banking client for any reasons whatsoever or if the UOB Private Banking client does not turn up on the relevant booked date, the UOB Private Banking client shall be liable to pay the full Fees of the spa treatment.
- All other expenses incurred by the UOB Private Banking Clients including any transport and travel related or incidental charges incurred by the UOB Private Banking Client to and from the participating spa outlets and during their stay at the participating spa outlet shall be paid by the UOB Private Banking Client.
- UOB Private Banking Clients may check for details of the participating spa outlets on AsiaSpa Special Edition Spa Guide or on [www.uobprivatebanking.com.sg](http://www.uobprivatebanking.com.sg).
- Booking(s) are not transferable, must be made in the name of the UOB Private Banking Client, is subject to availability and the last booking shall be on 31 October 2012.
- The above offer is valid from 1 May 2012 to 31 October 2012 and is not valid with any other promotions, offers and privileges.
- Cancellation within seven (7) working days of booked date for the complimentary spa treatment shall be subject to the individual spa outlets' cancellation, amendment and no show policies, to be advised by Private Banking Concierge when making bookings.
- In the event of late arrival after the booking time, the UOB Private Banking Client may choose to continue with treatment with the remaining time booked, or have an alternative treatment if the treatment is available.
- Extra person charge is applicable as per each individual spa outlet charges, subject to service charge and prevailing government taxes.
- All UOB Private Banking Clients and/or the guests (where applicable) shall comply and observe all prevailing ethics/rules and regulations prescribed by the participating spa outlets at all times but not limited to the use of spa treatments and the equipment, facilities therein including rules with respect lockers, attire and personal hygiene. Each participating spa outlet reserves the right to expel any UOB Private Banking Client or guest for inappropriate behaviour or fraud.
- Each UOB Private Banking Client shall be personally responsible for his/her personal safety and the safety of his/her guests at all times within the facility of each participating spa outlets.
- United Overseas Bank Limited ("UOB") assumes no liability or responsibility for the acts or defaults of the merchant or defects in the goods and services offered in this promotion. UOB is not an agent of the merchant. Any dispute about the quality or service standard must be resolved directly with the merchant. The merchant may impose conditions for the redemption of the goods or services. UOB will not be responsible for any injury, loss or damage suffered as a result of the redemption or usage of the goods and services.
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- UOB and the participating merchants reserve the right to vary/amend the privilege and/or terms and conditions without prior notice.





**UOB**

大華銀行